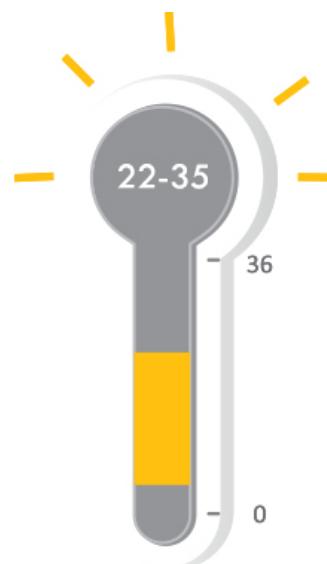


BECK'S *Anxiety* Inventory



Interpretation

Your body is trying to tell you something. Look for patterns as to when and why you experience the symptoms described above. For example, if it occurs prior to public speaking and your job requires a lot of presentations you may want to find ways to calm yourself before speaking or let others do some of the presentations. You may have some conflict issues that need to be resolved. Clearly, it is not "panic" time but you want to find ways to manage the stress you feel.

Prepared For

Sample Report

June 24th 2020

Dr Paras Wellness Pvt Ltd

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